

The Wind Call

The Christian Community in and
around Cape Town

February – April 2024

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Prayer, here the Divine may speak into Life.

The Human Body is a marvel of Creation and all too readily taken for granted. Often it takes illness to remind us to appreciate our health and physical well being.

There is another experience we share as human beings, an ‘illness’ which begins to dawn on us all the more with adolescence - it is what is referred to in our Creed as the sickness of sin. With the Fall of Man we have fallen out of the Spiritual Worlds into earth existence and, whilst we walk a path of ever developing consciousness, a part of ourselves remains in the Spiritual World. As the awareness of ourselves grows as a teenager we become conscious of the thrilling realisation that we are individual, unique and are free beings! And at the same time we become aware that freedom bears responsibility and we feel ourselves evermore separated from our Divine home.

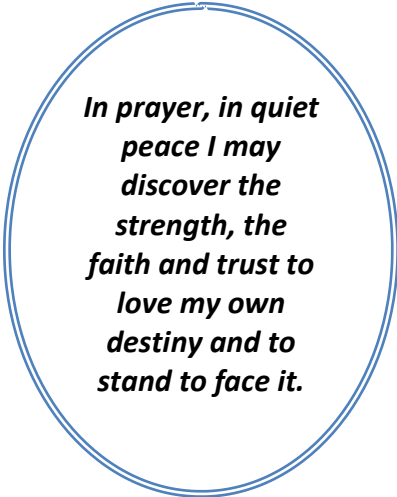
Just as when we are physically unbalanced on our feet we are more likely to fall, so too on a soul level when we are unbalanced we are all the more likely to stumble. In us lives a yearning to once more be united with that part of ourselves which is of another place, to be connected, to be made whole.

In imagining a scale with one side heavier than the other, we know if we add to the lighter side,

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it will once more find equilibrium. It is the point of all religious activity to once more find connection to the Divine world.

In **prayer**, we seek to do so also. Prayer may become a way to such connection and, though easily said, it is much more difficult to make it a reality, to pray regularly. One of the preconditions for prayer is quiet. Modern city life in great contrast is extraordinarily busy and we are filled with thousands of sense impressions every day. Cultivating a life of prayer therefore takes some effort initially. We are charged with creating an inner space of quiet which most often requires an outer space of quiet as a starting point. Small steps towards creating such a mood of peace can greatly help in this endeavor leading us towards an inner space. *Here the Divine may speak into life.* Through prayer we may find a place towards harmony in ourselves and harmony with the world around us.



In our soul we experience two streams of life always: one which tends towards the past, where we remember the story of our life and where we have been; and another which streams from the future, which we walk towards with quiet anticipation.

In looking back, in reflecting we may become aware of something much greater than ourselves at work. This leads me to Divine warmth and gives me certainty and hope. And in reverent petition we are oriented to what will be, what is to come. Then prayer is as light, allowing the wisdom of the world to shine and illumine our way.

In prayer, in quiet peace I may discover the strength, the faith and trust to love my own destiny and to stand to face it.

Prayer becomes a healing balm. Through the power of Christ working through my angel who stands at the threshold, heaven and earth are reconciled. We may become bearers of light which shine into the world in which God's Will may be done.

Andreas van Breda.

Announcements.

During Holy Week leading up to Easter on 31st March there will be short contemplations after the services. More information to follow in next program.

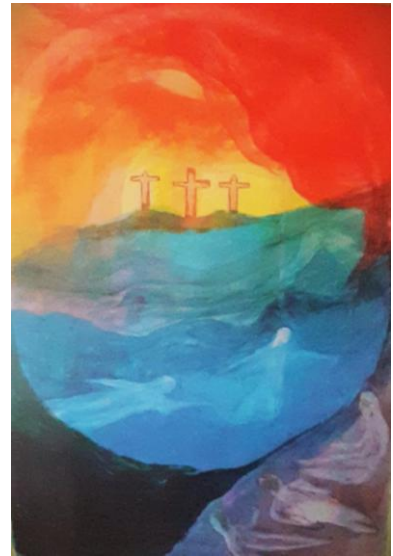
On Sunday, 28th April four children will be confirmed. More details to follow nearer to the event.

Celebration of our relationship to the Dead.

Our annual **Celebration of our relationship to the dead** was held on Saturday, 25th November with word and music. The venue was lit by each person's candle placed carefully in the center. Adrienne Milne outlined the agenda of the gathering and read two short texts, pertaining to an artwork by Rudolf Steiner which she had on display. (*Picture right.*)

This worthy event was characterized by respect and openness to what lives in the space around us. It heightened our awareness of sound especially in the exquisitely fine production of gentle musical notes which enriched the space and which facilitated a meeting between souls. We ended with group eurythmy.

Marilize.



Left: Artistically crafted Advent wreaths created by some of our community members and which were for sale after the celebration.

Did you know ...

... that Birgitta and Paul Myburgh not only make the delicious coffee on Sundays, but also supply all the ingredients free of charge? A big thank you to them both.

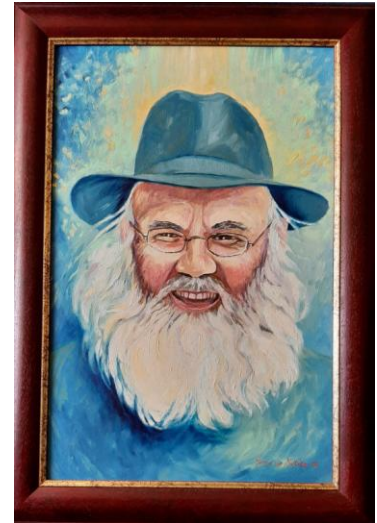
Rosemarie Enthoven.



Peter Michael von Maltitz: Born 28th October 1948 - died 23rd November 2023.

Peter von Maltitz was a researcher, a scientist, a farmer, a plant pathologist, a Goetheanist, a teacher, a father and husband, a computer programmer and above all a healer - who never tired of striving to understand the unfolding dynamics in the lives of human beings and particularly in the lives of his patients in relation to space and time and in the unfolding of their destinies.

He was born on 28th October 1948 in Johannesburg. From a very early age Peter had a deep interest in people, insects and plants. After school he enrolled at Stellenbosch University to study agriculture. Here he developed a deep interest in Hatha Yoga which he also then taught to fellow students. Following the completion of his B.Sc in Agriculture he did an Honours degree in plant pathology and entomology and became very interested in Theosophy, Anthroposophy and Bio-Dynamic Agriculture.



***Above: Painting by
Hanna von Maltitz.***

After university he went to Switzerland where he furthered his studies – this time in the healing properties of European herbs. He also spent a year at the Goetheanum in the laboratory where he studied the Bio-Dynamic preparations and also Goetheanistic thinking, the metamorphosis of plants, and the interpretation of Steigbilder (rising images).

He returned to South Africa determined to find out whatever he could about indigenous healing plants in this country. On the return journey he met Elzunia Gasiorowski and they were married two years later. The couple settled on a remote farm in the Free State near Dewetsdorp where their first two children were born - Adrian and Aniela. For a short while he taught biology at a local school. Later they relocated to the Western Cape where he moved about from place to place even lecturing in plant pathology at his old university for a few years. Eventually they settled on a farm just outside of Tulbagh. By now Kosma was also born and Peter proved to be a very loving and devoted father, always supporting his children in their various endeavours.

Plagued by unreliable markets and crop failures he was forced to find income elsewhere. It was 1980 and computers were still a novelty. With great determination and focus Peter successfully taught himself computer programming and wrote a comprehensive program for a company.

After a time of personal turmoil he discovered that he was able to relieve people's pain by simply holding his hand over the affected part of their body. As a result he also became very interested and active in the Christian Community. He began to study the healings in the Gospels. By this time his marriage to Elzunia had come to an end.



Peter, with characteristic hat, beard and sturdy walking stick – and also explosive laughter! - with his sister, Hanna.



He was a leading member of the Bio-Dynamic Farmers Group in the Western Cape which met once a month to study and do farm walkabouts on different farms. In the course of this work he met Ursula Dawes in Camphill Alpha and a new relationship began to develop. In 1996 he registered as a spiritual healer and began to study homeopathy under Berkley Digby and Dr. David Lilley. He still wanted to study indigenous healing plants and the only fruitful and respectful way to do this was to begin training as a traditional healer which he did under the wing of

T.Dr.Philip Kubukeli from Khayelitsha. This was a three year training during which he was given the name of Zanemvula (he comes with the rain), because every time he was in a ceremony it rained. His clairvoyant

possibilities of perception were greatly sharpened through this process.

During this time he and Ursula were married. They sold the Tulbagh farm and bought Jankieskraal, a farm in the Bo Kouga Valley. It was on this farm in 1999 that Peter completed his final test and became an Igqirha – a traditional healer – in a three day ceremony. The mountains around Jankieskraal were a treasure trove of healing plants and Peter's reputation and practice as a traditional healer began to blossom. In November of 2002 Ursula succumbed to cancer which was a huge blow for Peter. He had learned to look into the subconscious of his patients and the treating of each person became a unique journey of learning and

new discoveries.

A one-time patient of his from America was to become his third wife. Soon after marrying Ellen Purcell he sold Jankieskraal and moved to Cape Town, eventually settling in Kommetjie. Here they adopted Noah as his fourth child. He continued to read and study widely becoming familiar with many streams of philosophy, healing, and cultural perceptions of illness and of the

human being in relationship to the spiritual world. His baseline throughout was always Anthroposophy.

In the last years of his life all of these multiple facets of his interest and learning began to come together and he became the international teacher of hundreds of spiritual and tradition healers in workshops around the country - and around the world through online teaching. His influence spread over many countries. He began to see his main task as helping people to find a connection to their higher self and therefore also to the Christ, although it was not necessary to explicitly name Him. What in the beginning had been a somewhat rough gemstone was by now transformed into a highly polished and selfless healing gem. He died peacefully in his sleep at the age of 75 and his funeral was on 28th November.

Extracted by Marilize King from Richard Goodall's funeral address.

Advent Festival.

A very big thank you to all those people who contributed towards the Advent Festival on 3rd December. From musicians to angels, bakers and clay-candlestick makers, to the juicers, the pine-cutters, the crafters, and the 'setter-uppers' - a very warm thank you, one and all! It truly was a festival of many hands making light work. Andreas van Breda.



Children, parents and parents gathered in the courtyard around the tables for the candle holder making.

Right: Crafts for sale after the event.





Left: The spiral at the end of the event lit up by the children's candles.

Soft crafts for sale after the festival.

The Children's Camp: 11th – 18th December.

WE HAVE HAD a very full and successful children's camp to round off 2023. It was the 27th children's camp on Wildgarten - the farm of the Sieckmann family. It all began in 1996 when Neville Adams introduced me to Hille and Peter Sieckmann who were keen for camps to happen on their family farm. The setting was ideal and we began slowly with two borrowed teepees and a few private tents. It has all developed since then and we are hugely grateful to the next generation of Sieckmanns and Hanel for allowing us to continue this impulse on their beautiful property. It has been a place of growth and development wrapped up in a great deal of fun for countless children over the years.

A very big thank you goes to Gabriela Antoine who ran the camp this year for the fourth time ending 20 years of attending the camp. Also to Andreas who oversaw it all and the wonderful team of very enthusiastic helpers who made it all happen with such willingness and gusto. The camp cooks - Mascha and Louise - were of course the stars of the whole week producing wonderful meals for the very hungry mob, while Melissa - our camp nurse - tended bumps and scratches and bites and sore tummies.

Now I am handing the camp initiative over into the capable hands of Andreas to carry into the future. No doubt lots of new impulses and ideas will bring a welcome freshness into our well established camp culture which will continue to flourish bringing joy to many children in years to come.

I wish it and all involved in it well.



Picture above: Preparation sign of a camp coming up: the camp tables get dragged out into the courtyard to be repaired and re-painted by Richard.

Richard Goodall.



The Camp in pictures.

Left: Camp helpers loading the truck before departure from the church. ***Right:*** Campers engaged in different activities in a beautiful environment.



Above: Group activities, a communal meal area and an outdoors classroom.



Above: The heart of the camp, the kitchen tent, where Mascha and Louise rustled up nutritious and delicious meals for children, helpers and leaders.

Right: Colourful candles created by the children and which were hung out to dry.



Far left: Evening story time in a cosy tent.

Left: Mylo (4) riding on his friend, Dylan's shoulders. Dylan was one of the camp helpers.

The Camp Cook shared the following:

Mylo (my youngest pictured above) was a champion companion on the church camp where I had the opportunity to cook alongside Louise. My dearest daughter, Milla, also came with to help out and we had a very busy time keeping everyone fed. These kids eat a lot!



The camp is a wonderful combination of young children being led by young adults in activities, stories and singing, character building and all good fun.

Fresh vegetables from the farm blessed our plates and the food was delicious – if I can say so myself!

Mascha Rutherford.

The Holy Nights and Epiphany.

WE ARE MOST GRATEFUL to our priests, Richard Goodall and Andreas van Breda for taking us through the Holy Nights with daily contemplations on “The Hierarchies” and “The Epistles”. It ended on a high note with Epiphany on 6th January. Marilize.

What happened to the KMB?

These three letters have to do with the whole creative process stemming from the Father God, unfolding through the Son God and being organised in time and space through the Spirit God.

K belongs to Sagittarius where the arrow of the Will of the Father is released with a definite aim. M belongs to Aquarius where the mediating, life-giving force of water unfolds this creative Will of the Father in space and time. B belongs to Virgo which in our time requires the cooperation of Mankind in the continuous birthing of this creative impulse with understanding through the influence of the Healing Spirit.



These forces don't stay above the altar during the course of the year because they are to be internalized as a personal impulse in our souls as we carry the Christmas impulse into the life of the whole year as active co-creators to a modest extent.

Epiphany calls on us to become active in this way. When we do – two streams of light converge in our soul. The heart's light brought about by our earnest prayer meets with the objective out-pouring of the spirit light of the Star of Grace making life in Christ a possibility.

Richard Goodall.

Art Exhibition

HANNA VON MALTITZ will hold her next solo art exhibition on **15th March at 17h30** at the Novalis Ubuntu Centre, 36 Rosmead Avenue, Wynberg. Refreshments will be served. Everyone is welcome.

